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**PUBLIC SERVICE ANNOUNCEMENT**  
**FOR IMMEDIATE RELEASE**  
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**NAVAL HOSPITAL CAMP LEJEUNE OFFERS FLU VACCINE EVENTS**

**CAMP LEJEUNE, N.C.** – In our efforts to continually meet the needs of our beneficiary community, Naval Hospital Camp Lejeune (NHCL) will be offering two additional Influenza (Flu) Vaccine Clinics for all eligible TRICARE beneficiaries. The events will be held from **January 15 - 18** and **January 22 - 25** between the hours of **8:00 a.m. to 7:00 p.m.** Beneficiaries can check in at our Immunizations Clinic located in between the main pharmacy and the mini Marine Corps Exchange.

The best protection available is to receive the Influenza (Flu) vaccine. Beginning last August, NHCL has led an aggressive flu campaign to educate and vaccinate its beneficiary population by providing several flu vaccine clinics at all DOD Educational Activity schools, the Marine Corps Exchange and other locations onboard MCB Camp Lejeune. As the demand has risen for the vaccination, NHCL has acquired additional vaccine and antiviral medication to meet the needs of our beneficiaries.

Influenza (Flu) continues to increase in the United States and most of the country is now experiencing high levels of illness. North Carolina is one of 29 states reporting elevated numbers of cases to the Centers for Disease Control and Prevention (CDC). The CDC has reported that this flu season has turned out to be more active than anticipated, and recommends anyone not vaccinated against flu do so now.

Flu is a serious, contagious disease that can result in illness, hospitalization and even death. Three actions we can all take to fight the flu include: getting vaccinated; taking everyday measures to prevent the spread of germs such as washing your hands and covering your mouth with a tissue when you cough or sneeze; and, taking flu antiviral drugs if your doctor prescribes them. So “Take 3” and remember, “Only you can stop the flu.”

For more information about combating the spread of the flu virus and the upcoming flu vaccination events, call our Preventive Medicine Department at 451-3431 or 449-9667.

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